

Detox

The medical detoxification process can be performed on an inpatient and/or outpatient basis. Individuals are given medications to keep them comfortable, relaxed and safe during the detoxification process. Each person is given tapered doses until he or she is medically cleared for treatment.

Customized Treatment Plan

At Transformations we have the pleasure of offering individuals custom built programs, allowing each person to select different options to create their own customized treatment.

Supportive Housing

Our homes and properties are specifically designed to help the recovering person balance physical, mental, and spiritual well-being. We provide nicely furnished, luxury apartment homes that offer plenty of amenities.

- PC's with Cable High Speed Internet
- Premium Channel Cable Service
- Unlimited Local & Long Distance Calling
- Single Rooms
- Queen-Size Bed
- Washers and Dryers
- Full Size Kitchens
- Access to Pool

Close to:

- Beaches
- Intercoastal Waterway
- Downtown Shopping
- Public Transportation

Transformations

Drug & Alcohol Treatment Center
14000 South Military Trail, Suite 202
Delray Beach, Florida 33484
Toll Free: 1-866-211-5538
P: 561-894-7012 • F: 561-819-0631
www.transformationstreatment.com



TRANSFORMATIONS
DRUG & ALCOHOL TREATMENT CENTER



Every client receives one year of relapse prevention in aftercare groups up to three times a week. In addition, any client who completes our 90 day three phase step down program, but is struggling to stay clean and sober within the first year after leaving treatment, is welcomed back for 28 days of treatment at no additional cost.





Phase III

The Third Phase of our rehab program is designed for individuals who are employed or enrolled in school. One of our staff members will meet with each person and help him or her look for the appropriate employment or schooling. Applicants must be clean and sober for at least sixty days to be eligible for Phase III.



Transformations Treatment Center has a unique approach to substance abuse treatment. We offer a three phase program with a traditional 12 step track, a non-traditional faith based track, along with a specialized holistic program, and an impressive Executive Program. Here at Transformations we address every facet of the individual's life. Our goal is to end the revolving door and to provide each person with all the attention and tools he or she needs to be successful in recovery...

A Variety of Treatment Options

We believe that the best treatment will take place when all aspects of a person's life are addressed. We provide personally designed care to treat the entire person - emotionally, physically, and spiritually.



Holistic

The approach of holistic treatment is healing the body, mind and spirit of an addicted person. We incorporate individual and family therapy options, which is a large part of the holistic approach to treating addiction. In addition to a strong focus on therapy and counseling, we also offer a wide variety of other therapeutic options which have been proven to be highly beneficial and effective when dealing with substance abuse. A few of these services include massage, reflexology, holistic nutrition, sauna, acupuncture, and chiropractic services.



Phase I

The First Phase of our rehab program is meant for the addict or alcoholic who has been unable to stop using and also for those who have already completed detox. This phase includes two weekly sessions with a counselor to focus on the disease of addiction and the individual's reasons for substance abuse. All Phase I individuals receive relapse prevention skills and also begin life skills training.



Traditional

Our Traditional track focuses on the fundamentals of AA/NA meetings and the process of working the steps. Each person works through the steps in group therapy and in extensive one-on-one counseling.



Phase II

The Second Phase of our program is designed for Transformations Phase I graduates or individuals who have been discharged from another inpatient substance abuse program. The focus in this phase of the program is primarily on life skills coaching.



Christian

Our faith based program is staffed with professionally trained clinicians who are committed Christians. They are dedicated to providing Christ centered counseling and the integration of sound psychological practices in the recovery process. Our clients can be reassured that our treatment will not conflict with Scripture.



Executive

In this unique program our executives will have their own private condo equipped with a home office, catered meals, and cleaning services. In addition, individuals will have golf and spa services available to them. We understand the needs of the individual and we provide a program that shows each person the road to a brighter, healthier future.